



## JON HANNAM

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## BOYS VOLLEYBALL

### *Program Goals, Philosophies, and Procedures*

<b>Head Coach:</b>	Damien Evans	<b>Email:</b>	devans@cedarburg.k12.wi.us
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PROGRAM PHILOSOPHIES	PROGRAM VISION	PROGRAM GOALS
The CHS boys volleyball program teaches boys the fundamentals and how to be competitive in a sport they can play and enjoy for the rest of their lives.	The vision of CHS boys volleyball is to sustain a fun and positive culture while being competitive with the best teams in the state.	The goals of our program include creating opportunities for boys to be exposed to volleyball prior to entering high school, sustaining a fun and positive culture, contending for the North Shore Conference championship annually, and advancing in the State tournament beyond the Sectional Semifinals.

TEAM PHILOSOPHIES		
VARSITY	JV1	JV2
Varsity teams are intended to be competitive. Coaches of varsity teams will select players who can compete/contribute at the varsity level. Not all players will have the opportunity to play in every competitive event. When considering underclass students for the varsity level, player readiness and	Junior Varsity will place a greater emphasis on ensuring adequate playing time for all student-athletes. Winning is still a goal, but developing the skills and knowledge student-athletes will need to be successful at the varsity level is also a goal. Playing time/participation may not be equal among	JV2 will even further emphasize ensuring adequate playing time for all student-athletes. Playing/participation time at the JV2 level may not be equal among players at each event, but almost all student-athletes should compete at almost all events. At the JV2 level, developing interest in the sport and promoting



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development should be considered along with the potential for team success.	players for each event, but most student-athletes should participate in most of the competitive events. At the JV level, promoting skills and positive attitudes is critically important.	skills and positive attitudes are critically important.
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### TEAM SELECTION

The four criteria below are the main areas upon which decisions are made when selecting team members.

<i>Skills &amp; Talent</i>	<i>Attitude &amp; Work Ethic</i>	<i>Potential</i>	<i>Team &amp; Program Needs</i>
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### PLAYER RESPONSIBILITIES

Arrive to practices in time to be fully dressed and warmed up at the start time.  
Set up and take down nets before and after practices.  
Support your teammates.  
Practice and compete with effort and intention.  
Bring energy if on the bench during games.  
Communicate with the coaching staff.  
Have fun.

### PARENT RESPONSIBILITIES

Support the team in a positive fashion.  
Communicate with coaches regarding absences, etc.  
Assist the program with fundraisers, driving to events, team dinners and bonding activities, food for away competitions, etc.

### COACH RESPONSIBILITIES

Provide positive encouragement, and act as a role model.  
Instruct the athletes on the technical aspects of the game and coordinate their team for practices and competitions.  
Communicate with parents regarding logistic aspects and provide weekly team updates via email.  
Encourage sportsmanship and help the athletes to become contributing members of the Cedarburg athletic community.

### PLAYER & COACH COMMUNICATION

### COMMUNICATION EXPECTATIONS



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Team communication happens via group chats on the GroupMe app. Each team will set up a group chat with their coach at the beginning of the season.

It is expected that athletes and/or parents will notify the coaching staff as far in advance as possible if an athlete will be late to practice or miss practice or competition.

### **VARSITY LETTER CRITERIA**

Any athlete who has been on the varsity roster for at least 75% of the season and played in at least one varsity match is eligible to receive a varsity letter.

### **CAPTAIN CRITERIA**

Captains will be chosen based on leadership qualities, communication skills, dedication to and experience within the program.

### **MISSED GAME & PRACTICE POLICY**

Practice sessions are where players learn the skills needed to compete at the high school level, and develop chemistry with teammates. Missing games or practices without a valid excuse will result in reduced playing time.

### **STRENGTH & CONDITIONING EXPECTATIONS**

It is expected that all athletes take part in the team workouts, and track their performance in the TeamBuildr app.

Off-season and summer strength and conditioning training is offered through the CHS Athletics Department and is a direct extension of the training done during the season. The coaching staff recommends that athletes participate in off-season and summer lifting through the CHS Athletics Department. Athletes are encouraged to take part in the school's strength and conditioning programs during the offseason.