



JON HANNAM

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Girls Hockey

Program Goals, Philosophies, and Procedures

Head Coach:	Dan Wade	Email:	dwade@cedarburg.k12.wi.us
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PROGRAM PHILOSOPHIES	PROGRAM VISION	PROGRAM GOALS
<ul style="list-style-type: none">Student-athlete development and successful team performance are our goals. Being part of a competitive team develops pride, loyalty, self confidence, and a sense of accomplishment. We will establish an inclusive environment where individuals can come together and share a common goal. Coaches will develop sportsmanship, physical skills and conditioning of all athletes. Athletes will set goals, strive to achieve them and serve as role models for youth athletes. We will create an experience that athletes will cherish long after they are done playing for the Lakeshore Lightning.	<ul style="list-style-type: none">Have one of the most competitive Varsity & Junior Varsity programs in the state.Be a consistent leader in Sportsmanship	<ul style="list-style-type: none">Regular Season Winning Records at Varsity and Junior Varsity LevelsChallenge for Eastern Shores Conference Championship every yearIndividual Improvement every year for every player



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TEAM PHILOSOPHIES

<i>VARSITY</i>	<i>JV1</i>	<i>JV2</i>
Varsity teams are intended to be competitive. Coaches of varsity teams will select players who can compete/contribute at the varsity level. Not all players will have the opportunity to play in every competitive event. When considering underclass students for the varsity level, player readiness and development should be considered along with the potential for team success.	Junior Varsity will place a greater emphasis on ensuring adequate playing time for all student-athletes. Winning is still a goal, but developing the skills and knowledge student-athletes will need to be successful at the varsity level is also a goal. Playing time/participation may not be equal among players for each event, but most student-athletes should participate in most of the competitive events. At the JV level, promoting skills and positive attitudes is critically important.	JV2 will even further emphasize ensuring adequate playing time for all student-athletes. Playing/participation time at the JV2 level may not be equal among players at each event, but almost all student-athletes should compete at almost all events. At the JV2 level, developing interest in the sport and promoting skills and positive attitudes are critically important.

TEAM SELECTION

The four criteria below are the main areas upon which decisions are made when selecting team members.

<i>Skills & Talent</i>	<i>Attitude & Work Ethic</i>	<i>Team Play</i>	<i>Team & Program Needs</i>
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PLAYER RESPONSIBILITIES	PARENT RESPONSIBILITIES	COACH RESPONSIBILITIES
<ul style="list-style-type: none"> Remember the "Student" in Student-Athlete. <ul style="list-style-type: none"> Be on time and prepared Be a role model Team Facilities <ul style="list-style-type: none"> Keep locker room clean and organized Game Day <ul style="list-style-type: none"> Arrive on time for games Keep uniform clean and in good order 	<ul style="list-style-type: none"> Support your child, coaches and other parents with positive encouragement. Reinforce the program's goals, mission, rules, terms and teaching to your athlete. Volunteer within our program 	<ul style="list-style-type: none"> Create practice plans that promote individual and team development Conduct regular player meetings to provide feedback and answer questions Be a good role model by displaying good sportsmanship. Create a positive environment for the players

PLAYER & COACH COMMUNICATION	COMMUNICATION EXPECTATIONS
<p>All coaches must avoid group texts and texting with athletes. Each team/coach is expected to have an immediate form of communication to use with athletes outside of traditional texting. Coaches and athletes will use TeamSnap/Group Me to communicate weekly schedules and any changes.</p>	<ul style="list-style-type: none"> In the Lightning Hockey Program, there will be constant communication with parents/guardians. <ul style="list-style-type: none"> Off Season: <ul style="list-style-type: none"> There will be emails sent to parents & players throughout the offseason with updates on opportunities to get better. In Season: <ul style="list-style-type: none"> Lines of communication are open for parents for team concerns. The player will be responsible for making the first contact. Please observe the 24 hour rule. All parents will be expected to connect with coaches via team functions.



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- Parents and coaches share the same challenges and rewards during a season. To promote independence, responsibility, problem-solving and mature communication, parents need to encourage their daughters to talk to the coach to work through any issues.
 - **Step 1:** Athlete seeks out coach to discuss concern. If the student-athlete and coach are not able to resolve the matter, then:
 - **Step 2:** Parent requests conference with the coach or coaching staff (leave an email or voicemail message for the coach or leave a message with the Athletics/Activities Office). If the conference between the athlete and coach, or parent, athlete and coach does not resolve the concern:
 - **Step 3:** A meeting will be set up with the Athletics/Activities Office Director who will mediate the discussion.
- Issues **NOT** appropriate to discuss with coaches:
 - Playing time (coaches will communicate roles to the team and individual).
 - Other student-athletes.
 - Off Season:
- There will be emails and GroupMe messages sent to players throughout the offseason with updates on hockey opportunities.
 - In Season:
 - Coaches will have player meetings throughout the year as well as communication about the players role within the program.
 - It is the players responsibility to communicate with coaches if they are to miss practices, games, or team functions. It is also their responsibility to talk to the coaching staff first about issues before having a parent contact our staff.



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VARSITY LETTER CRITERIA

- Regular Attendance at all practice sessions.
- Demonstrate dedication to the team and proper sportsmanship.
- Player must play in at least 6 varsity periods during the season.
 - Injured players will be a case by case decision made by the coaching staff.
- A senior in good standing who did not meet the game participation requirement may be awarded a letter at the discretion of the Head Coach, provided they have demonstrated a positive attitude, team loyalty, and sufficient ability.
- A student-athlete who is moved up to the varsity team during the season and made a significant contribution to the team, may be awarded a letter at the recommendation of the Head Coach.

CAPTAIN CRITERIA

- The coaching staff will select the team captains each season with input from the players. Captains aren't guaranteed and can be changed season to season with coaching and team discretion.
- Some of the captain's criteria:
 - Remain academically eligible
- Some of the captain's roles and responsibilities:
 - Communicating team issues with coaching staff.
 - Communicating with referees during our games.
 - Keeping our locker room clean by making sure people are doing their jobs.
 - Holding players accountable for off-ice workouts and activities.

MISSED GAME & PRACTICE POLICY

Players that miss practice with an unexcused absence will miss a period in the next game for each practice missed. Players cannot miss a full week of practice and return for the next game.

STRENGTH & CONDITIONING EXPECTATIONS

Strength and conditioning sessions will be held every week after on ice practice and are considered mandatory.