**Cedarburg Girls Track and Field**

**Varsity Letter Standards:**

1. Must finish out entire season.
2. Maximum of **TWO** missed varsity meets.

**Automatic Letter Standards:**

1. Place top 3 in varsity conference.
2. Place top 4 in regionals.
3. Seniors who competed in track as a junior and complete **FULL** senior season.
4. Attain one or more time/distance/height from table below.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **100:**  **13.4** | **200:**  **27.6** | **400:**  **1:03** | **800:**  **2:30** | **1600:**  **5:40** | **3200:**  **12:30** | **110 H:**  **17.9** |
| **300 H:**  **51.3** | **High Jump:**  **4’10”** | **Pole Vault:**  **8’6”** | **Shot put:**  **34’** | **Discus:**  **100’** | **Long Jump:**  **15’** | **Triple Jump:**  **32’6”** |

**\*Please note, discretion of awarding varsity letter up to coaches’ discretion\***