



Alternative Standard for Pregnant & Post-Partum Women

For some individuals pregnancy may affect the biometric categories included in the InHealth BioScreen™. If at the time of your biometric screening you were pregnant, or up to six months post-partum, it may be unreasonably difficult and/or medically inadvisable for you meet the standards defined by the wellness program. As an alternative, you may earn the wellness program incentive by having completed a minimum of six (6) pre-natal or post-natal care visits with your physician.

To earn credit for completing the Pregnancy and Post-Partum Alternative Standard, submit this completed form to Interra Health®.

Participant Information

Participant Name (Last)	(First)	Employer	Participant ID #
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Date of Exam	Facility Name	Health Care Provider	Provider Signature

Participant Acknowledgment

I certify that I have truthfully completed this document, which accurately reflects my pre and post-natal care history. I understand that if I fail to complete this document truthfully, it may result in loss of eligibility for wellness incentives.

Patient Name (printed): _____

Patient Signature: _____ Date: _____