

STANDARD	NEEDS STRENGTHENING	DEVELOPING	SECURE	EXEMPLARY
Demonstrates competency in motor skills and movement patterns.	Beginning to demonstrate the ability to transfer weight to the hands by using the hand-hand-foot-foot pattern (cartwheel).	Inconsistently demonstrates the ability to transfer weight to the hands by using the hand-hand-foot-foot pattern (cartwheel).	Consistently demonstrates the ability to transfer weight to the hands by using the hand-hand-foot-foot pattern (cartwheel).	Demonstrates mature form transferring weight to the hands by using the hand-hand-foot-foot pattern (cartwheel).
	Beginning to demonstrate secure landings when jumping from a height.	Inconsistently demonstrates secure landings when jumping from a height.	Consistently demonstrates secure landings when jumping from a height.	Demonstrates mature form landing securely when jumping from a height in multiple skill situations.
	Beginning to combine movement patterns while traveling to the beat of the music.	Inconsistently combines movement patterns while traveling to the beat of the music.	Consistently combines three movement patterns while traveling to the beat of the music.	Consistently combines more than three movement patterns while traveling to the beat of the music.
	Beginning to traverse across five panels of the wall.	Inconsistently traverses across five panels of the wall.	Consistently traverses across five panels of the wall.	Demonstrates mature form traversing across five panels of the wall.
	Beginning to traverse across the wall while going over, under or through objects/obstacles.	Inconsistently traverses across the wall while going over, under or through objects/obstacles.	Consistently traverses across the wall while going over, under or through objects/obstacles.	Demonstrates mature form traversing across the wall while going over, under or through objects/obstacles.
Participates regularly in physical activity outside of school.	Beginning to complete a physical activity on an activity calendar.	Inconsistently completes a physical activity on an activity calendar.	Consistently completes a physical activity on an activity calendar.	Consistently completes daily physical activities on an activity calendar.
Recognizes and participates in a health-enhancing level of physical fitness.	Beginning to record fitness scores and set a fitness goal.	Inconsistently records fitness scores and set a fitness goal.	Consistently records fitness scores and set a fitness goal.	Consistently records fitness scores and set multiple fitness goals.
	Beginning to identify the five healthy zones for their fitness scores.	Inconsistently identifies the five healthy zones for their fitness scores.	Consistently identifies the five healthy zones for their fitness scores.	Consistently identifies the five healthy zones for their fitness scores and applies knowledge to classroom activity.

Exhibits responsible personal and social behavior that respects self and others.	Beginning to follow some rules of fair-play in games and activities.	Inconsistently follows the rules of fair-play in games and activities.	Consistently follows the rules of fair-play in each game and activity.	Demonstrates and models how to follow the rules of fair-play in games and activities.
	Beginning to stay on task.	Inconsistently stays on task.	Consistently works independently and productively on specific skills as assigned.	Consistently works independently and challenges self to strive for personal best.
	Beginning to display some aspects of listening and following directions.	Inconsistently displays aspects of listening and following directions.	Consistently follows directions given for all class activities in a timely manner.	Demonstrates and models good listening skills and following directions.
	Beginning to continue participation even when begin challenged.	Inconsistently continues participation even when being challenged.	Consistently continues participation even when being challenged.	Thrives on pursuing new skills and perseveres through challenges with a positive attitude.
	Beginning to show readiness to participate by wearing appropriate footwear for class.	Inconsistently shows readiness to participate by wearing appropriate footwear for class.	Consistently shows readiness to participate by wearing appropriate footwear for class.	N/A
	Beginning to show acceptance of classmates.	Inconsistently shows acceptance of classmates, and needs reminders to do so.	Consistently accepts all classmates without regard to personal differences (ethnicity, gender, disability).	Demonstrates and models acceptance of all classmates and goes above and beyond by inviting and making sure all classmates are included.
	Beginning to utilize safety procedures (emphasized during climbing and tumbling activities).	Inconsistently utilizes safety procedures (emphasized during climbing and tumbling activities).	Consistently utilizes safety procedures (emphasized during climbing and tumbling activities).	Applies safety procedures (emphasized during climbing and tumbling activities) in all class activities.