

STANDARD	NEEDS STRENGTHENING	DEVELOPING	SECURE	EXEMPLARY
<p>Demonstrates competency in motor skills and movement patterns.</p>	<p>Beginning to alternate the lead leg and use the four skill cues to gallop.</p>	<p>Inconsistently alternates the lead leg and use of the four skill cues to gallop.</p>	<p>Consistently alternates the lead leg and use of the four skill cues to gallop.</p>	<p>Demonstrates mature galloping form in multiple skill situations.</p>
	<p>Beginning to use the four skill cues to complete a hop while traveling fifteen feet on each foot.</p>	<p>Inconsistently uses the four skill cues to complete a hop while traveling fifteen feet on each foot.</p>	<p>Consistently uses the four skill cues to complete a hop while traveling fifteen feet on each foot.</p>	<p>Demonstrates mature hopping form in multiple skill situations.</p>
	<p>Beginning to use the four skill cues to complete a jump for distance.</p>	<p>Inconsistently uses the four skill cues to complete a jump for distance.</p>	<p>Consistently uses the four skill cues to complete a jump for distance.</p>	<p>Demonstrates mature jumping for distance form in multiple skill situations.</p>
	<p>Beginning to use the five skill cues to complete a stationary basketball dribble with dominant hand.</p>	<p>Inconsistently uses the five skill cues to complete a stationary basketball dribble with dominant hand.</p>	<p>Consistently uses the five skill cues to complete a stationary basketball dribble with dominant hand.</p>	<p>Demonstrates a mature stationary basketball dribble with the dominant hand in multiple skill situations.</p>
	<p>Beginning to jump a turning long rope.</p>	<p>Inconsistently completes consecutive jumps in a turning long rope.</p>	<p>Consistently completes 5 consecutive jumps in a turning long rope.</p>	<p>Demonstrates more than 5 consecutive jumps in a turning long rope.</p>
<p>Recognizes and participates in a health-enhancing level of physical fitness.</p>	<p>Beginning to identify the four emphasized muscle groups (bicep, tricep, quadricep and hamstring).</p>	<p>Inconsistently identifies the four emphasized muscle groups (bicep, tricep, quadricep and hamstring).</p>	<p>Consistently identifies the four emphasized muscle groups (bicep, tricep, quadricep and hamstring).</p>	<p>Consistently identifies the four emphasized muscle groups (bicep, tricep, quadricep and hamstring) and applies knowledge to classroom activities.</p>
	<p>Beginning to maintain endurance in muscular strength activities.</p>	<p>Inconsistently demonstrates a level of endurance demonstrated in muscular strength activities.</p>	<p>Consistently demonstrates a level of endurance demonstrated in muscular strength activities.</p>	<p>Exceptional level of endurance demonstrated in muscular strength activities.</p>

Exhibits responsible personal and social behavior that respects self and others.	Beginning to demonstrate some aspects of game play sportsmanship, but has difficulty understanding the difference between participation and competition.	Inconsistently demonstrates aspects of game play sportsmanship, and needs reminders that games are played to advance skills and have fun.	Consistently demonstrates good game play sportsmanship, and enjoys participating in games regardless of game outcome.	Demonstrates and models excellent sportsmanship during game play.
	Beginning to follow some rules of fair-play in games and activities.	Inconsistently follows the rules of fair-play in games and activities.	Consistently follows the rules of fair-play in each game and activity.	Demonstrates and models how to follow the rules of fair-play in games and activities.
	Beginning to demonstrate some aspects of end game sportsmanship, but has a hard time accepting game outcomes.	Inconsistently demonstrates aspects of end game sportsmanship, and needs reminders to handle game outcomes appropriately.	Consistently demonstrates good end game sportsmanship, and enjoys participating in games regardless of game outcome.	Demonstrates and models appropriate reaction to end game outcomes.
	Beginning to stay on task.	Inconsistently stays on task.	Consistently works independently and productively on specific skills as assigned.	Consistently works independently and challenges self to strive for personal best.
	Beginning to display some aspects of listening and following directions.	Inconsistently displays aspects of listening and following directions.	Consistently follows directions given for all class activities in a timely manner.	Demonstrates and models good listening skills and following directions.
	Beginning to share or take turns.	Inconsistently shares and take turns.	Consistently shows cooperation by sharing and taking turns.	Demonstrates and models cooperation by sharing and taking turns.
Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.	N/A	Inconsistently shares verbal or nonverbal indicators of enjoyment of class activities.	Consistently shares verbal and nonverbal indicators of enjoyment of class activities.	N/A