

STANDARD	NEEDS STRENGTHENING	DEVELOPING	SECURE	EXEMPLARY
<p>Demonstrates competency in motor skills and movement patterns.</p>	<p>Beginning to maintain a basketball dribble (with dominant hand) while personally changing directions.</p>	<p>Inconsistently maintains a basketball dribble (with dominant hand) while personally changing directions.</p>	<p>Consistently maintains a basketball dribble (with dominant hand) while personally changing directions.</p>	<p>Demonstrates mature form maintaining a basketball dribble (with dominant hand) while personally changing directions in multiple skill situations.</p>
	<p>Beginning to jump consecutive jumps with feet together using a forward double bounce in a short rope</p>	<p>Inconsistently jumps consecutive jumps with feet together using a forward double bounce in a short rope</p>	<p>Consistently jumps consecutive jumps with feet together using a forward double bounce in a short rope</p>	<p>Demonstrates mature form jumping consecutive jumps with feet together using a forward double bounce in a short rope.</p>
	<p>Beginning to jump consecutive jumps with feet together using a forward single bounce in a short rope</p>	<p>Inconsistently jumps consecutive jumps with feet together using a forward single bounce in a short rope</p>	<p>Consistently jumps consecutive jumps with feet together using a forward single bounce in a short rope</p>	<p>Demonstrates mature form jumping consecutive jumps with feet together using a forward single bounce in a short rope.</p>
	<p>Beginning to jump consecutive jumps with feet together using a backward double bounce in a short rope.</p>	<p>Inconsistently jumps consecutive jumps with feet together using a backward double bounce in a short rope.</p>	<p>Consistently jumps consecutive jumps with feet together using a backward double bounce in a short rope.</p>	<p>Demonstrates mature form jumping consecutive jumps with feet together using a backward double bounce in a short rope.</p>
	<p>Beginning to jump consecutive jumps with feet together using a backward single bounce in a short rope.</p>	<p>Inconsistently jumps consecutive jumps with feet together using a backward single bounce in a short rope.</p>	<p>Consistently jumps consecutive jumps with feet together using a backward single bounce in a short rope.</p>	<p>Demonstrates mature form jumping consecutive jumps with feet together using a backward single bounce in a short rope.</p>
	<p>Beginning to enter and jump a rope that is spinning front door.</p>	<p>Inconsistently enters and jumps a rope that is spinning front door.</p>	<p>Consistently enters and jumps a rope that is spinning front door.</p>	<p>Demonstrates mature form entering and jumping a spinning rope front door.</p>

<p>Applies skill concepts, strategies, and tactics to improve physical performance.</p>	<p>Beginning to identify lines/areas of a basketball court on a written assessment.</p>	<p>Inconsistently identifies lines/areas of a basketball court on a written assessment.</p>	<p>Consistently identifies lines/areas of a basketball court on a written assessment.</p>	<p>Consistently identifies lines/areas of a basketball court on a written assessment and applies knowledge to classroom activities.</p>
	<p>Beginning to name two foods that fall into each food group.</p>	<p>Inconsistently names two foods that fall into each food group.</p>	<p>Consistently names two foods that fall into each food group.</p>	<p>Consistently names two foods that fall into each food group and applies knowledge to classroom activities.</p>
<p>Exhibits responsible personal and social behavior that respects self and others.</p>	<p>Beginning to demonstrate some aspects of game play sportsmanship, but has difficulty understanding the difference between participation and competition.</p>	<p>Inconsistently demonstrates aspects of game play sportsmanship, and needs reminders that games are played to advance skills and have fun.</p>	<p>Consistently demonstrates good sportsmanship in high fives or encouraging words to teammates and opponents during game play.</p>	<p>Demonstrates and models excellent sportsmanship during game play.</p>
	<p>Beginning to follow some rules of fair-play in games and activities.</p>	<p>Inconsistently follows the rules of fair-play in games and activities.</p>	<p>Consistently follows the rules of fair-play in each game and activity.</p>	<p>Demonstrates and models how to follow the rules of fair-play in games and activities.</p>
	<p>Beginning to demonstrate some aspects of end game sportsmanship, but has a hard time accepting game outcomes.</p>	<p>Inconsistently demonstrates aspects of end game sportsmanship, and needs reminders to handle game outcomes appropriately.</p>	<p>Consistently demonstrates good end game sportsmanship and enjoys participating in games regardless of game outcome.</p>	<p>Demonstrates and models appropriate reaction to end game outcomes.</p>
	<p>Beginning to stay on task.</p>	<p>Inconsistently stays on task.</p>	<p>Consistently works independently and productively on specific skills as assigned.</p>	<p>Consistently works independently and challenges self to strive for personal best.</p>

	Beginning to display some aspects of listening and following directions.	Inconsistently displays some aspects of listening and following directions.	Consistently follows directions given for all class activities in a timely manner.	Demonstrates and models good listening skills and following directions.
	Beginning to show acceptance of classmates.	Inconsistently shows acceptance of classmates, and needs reminders in some situations.	Consistently accepts all classmates without regard to personal differences (ethnicity, gender, disability).	Demonstrates and models acceptance of all classmates and goes above and beyond by inviting and making sure all classmates are included.
	Beginning to wear appropriate footwear for class.	Inconsistently wears appropriate footwear for class.	Consistently wears appropriate footwear for class.	N/A
	Beginning to work cooperatively with others on rope turning skills.	Inconsistently works cooperatively with others on rope turning skills.	Consistently works cooperatively with others on rope turning skills.	N/A
Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.	N/A	Inconsistently shares verbal or nonverbal indicators of enjoyment of class activities.	Consistently shares verbal and nonverbal indicators of enjoyment of class activities.	N/A
	Beginning to participate in challenging activities.	Inconsistently continues to participate in challenging activities.	Consistently participates even when being challenged.	Thrives on pursuing new skills and perseveres through challenges with a positive attitude.