

STANDARD	NEEDS STRENGTHENING	DEVELOPING	SECURE	EXEMPLARY
<b>Demonstrates competency in motor skills and movement patterns.</b>	Beginning to maintain control when dribbling a basketball in front of a defender.	Inconsistently maintains control when dribbling a basketball in front of a defender.	Consistently maintains control when dribbling a basketball in front of a defender.	Demonstrates mature form maintaining control when dribbling a basketball in front of a defender in multiple skill situations.
	Beginning to enter a rope that is spinning back door.	Inconsistently enters and completes consecutive jumps in a rope that is spinning back door.	Consistently enters and completes consecutive jumps in a rope that is spinning back door.	Demonstrates mature form entering and completing consecutive jumps in a rope that is spinning back door.
	Beginning to perform jump rope foot tricks.	Inconsistently performs jump rope foot tricks.	Consistently performs three jump rope foot tricks.	Consistently performs more than three jump rope foot tricks.
	Beginning to complete an underhand volleyball serve over the net.	Inconsistently completes an underhand volleyball serve over the net.	Consistently completes an underhand volleyball serve over the net.	Demonstrates mature form when completing an underhand volleyball serve over the net in multiple skill situations.
<b>Applies skills concepts, strategies, and tactics to improve physical performance.</b>	Beginning to follow the rules/strategies of the basketball shooting games.	Inconsistently follows the rules/strategies of the basketball shooting games.	Consistently follows the rules/strategies of the basketball shooting games.	Consistently follows the rules/strategies of all of the basketball shooting games.
	Beginning to stay between a basketball dribbler and the basket.	Inconsistently stays between a basketball dribbler and the basket.	Consistently stays between a basketball dribbler and the basket.	Demonstrates mature form staying between a basketball dribbler and the basket.
	Beginning to identify the volleyball terms and hand positions for basic skills on a written assessment.	Inconsistently identifies the volleyball terms and hand positions for basic skills on a written assessment.	Consistently identifies the volleyball terms and hand positions for basic skills on a written assessment.	Consistently identifies the volleyball terms and hand positions for basic skills on a written assessment and applies knowledge to classroom activities.

<b>Exhibits responsible personal and social behavior that respects self and others.</b>	Beginning to follow some rules of fair-play in games and activities.	Inconsistently follows the rules of fair-play in games and activities.	Consistently follows the rules of fair-play in each game and activity.	Demonstrates and models how to follow the rules of fair-play in games and activities.
	Beginning to stay on task.	Inconsistently stays on task.	Consistently works independently and productively on specific skills as assigned.	Consistently works independently and challenges self to strive for personal best.
	Beginning to display some aspects of listening and following directions.	Inconsistently displays aspects of listening and following directions.	Consistently follows directions given for all class activities in a timely manner.	Demonstrates and models good listening skills and following directions.
	Beginning to continue participation even when begin challenged.	Inconsistently continues participation even when being challenged.	Consistently continues participation even when being challenged.	Thrives on pursuing new skills and perseveres through challenges with a positive attitude.
	Beginning to show readiness to participate by wearing appropriate footwear for class.	Inconsistently shows readiness to participate by wearing appropriate footwear for class.	Consistently shows readiness to participate by wearing appropriate footwear for class.	N/A
	Beginning to take turns/sharing equipment/including all class and/or teammates in basketball game play.	Inconsistently takes turns/sharing equipment/including all class and/or teammates in basketball game play.	Consistently takes turns/sharing equipment/including all class and/or teammates in basketball game play.	Leads by example by taking turns/sharing equipment/including all class and/or teammates in basketball game play.
	Beginning to take turns/sharing equipment/including all class and/or teammates in volleyball game play.	Inconsistently takes turns/sharing equipment/including all class and/or teammates in volleyball game play.	Consistently takes turns/sharing equipment/including all class and/or teammates in volleyball game play.	Leads by example by taking turns/sharing equipment/including all class and/or teammates in volleyball game play.