

**Cedarburg School
District**

**A PARENT'S
GUIDE TO
FOOD
SERVICES**

JOIN US FOR LUNCH!



ARAMARK Education Food Service is proud to be in partnership with Cedarburg School District. ARAMARK wants to make your students' lunch an enjoyable and nutritious experience.

This brochure will guide you through lunchroom policies and procedures at Cedarburg School District

Aramark Brand

An Aramark day begins the same way, every day, all over the world. It's a quest for excellence that involves two elements: People with a strong sense of pride in their work and an organization dedicated to getting it right. This quest while simple in intent is complex in execution.

It's as simple as caring for the needs of YOU—our customer—making sure that the moment of truth is a moment to remember. Complex because we do it a million times a day all over the world, and to get it right we have to understand the emerging trends of a generation as well as the preferences of a single customer.

At Aramark, innovation is what we bring to the everyday. Passion is at the heart of our process, and pride is what defines our people. That's the story of our brand - which is the story of Aramark.

WE DREAM. WE DO.

For information about the Aramark Food Service Program, visit us at www.cedarburg.k12.wi.us.

You can find us under PARENTS then LUNCH INFORMATION.

If you have any questions about the lunch program or your lunch account, please contact:

LAURA STALLAND

ARAMARK Food Service Director
lstalland@cedarburg.k12.wi.us

Phone: (262) 376-6240

Our office is located at:

Cedarburg High School
W68 N611 Evergreen Blvd
Cedarburg, WI 53012



This institution is an equal opportunity provider.

Our Menu Philosophy

ARAMARK is committed to providing safe, nutritious food, prepared fresh daily. We align with prominent global food companies to buy the highest quality products available. Our menus are created from an extensive database of age-segmented recipes, developed by our Culinary Team (of dietitians, chefs, and purchasing specialists) and manufacturer partners. We collaborate with parents to accommodate the dietary requirements of students with special needs.

For your students, we offer a variety of meal choices with one goal in mind:

To provide outstanding service and high quality “kid-friendly” meals that meet or exceed the latest federal and state requirements. To reach this goal, we:

- ▶ Work directly with food processing partners to set new industry standards for healthier foods, by requiring all key products meet our standards to reduce or eliminate fats, salt and sugars, and to add whole grains when possible.
- ▶ Incorporate wholesome, natural ingredients and source foods rich in fiber and essential vitamins and minerals, like whole grain breads, pastas and cereals, fresh fruits and vegetables (local when available); low fat or non-fat milk; other reduced fat dairy options; and lean, low fat chicken, beef and fish.
- ▶ Source high quality, safe foods with no added trans fats; hormone- and antibiotic-free dairy products; poultry raised without hormones and with only humane use of antibiotics; and sustainably produced seafood.

Great Value

Elementary Student Paid Lunch: \$2.40
Middle School Student Paid Lunch: \$2.55
High School Student Paid Lunch: \$2.65

There are 5 components that make up a lunch; grain, protein, fruit, vegetable, and milk. All entrées count as a grain and a protein.

Offer versus Serve

The USDA Federal Guidelines do not require students to take all items that are offered for lunch. However, **to be considered a Lunch, 3 of the 5 components must be taken and at least one has to be a fruit or vegetable.**

Example Lunches:

Slice of pizza + Carrots + Grapes + Milk = **Lunch**
(Grain, protein, vegetable, fruit and milk)

Cheeseburger + Broccoli + Milk = **Lunch** (Grain, protein, vegetable, and milk)

Chicken Nuggets + Red Pepper Strips = **Lunch**
(Grain, protein, and vegetable)

Deli Sandwich + Apple + Milk = **Lunch** (Grain, protein, fruit, and milk)

Spaghetti & Meatballs + Cantaloupe = **Lunch**
(Grain, protein, and fruit)

Chicken Patty + Milk = **No Lunch** (No fruit or vegetable was taken)

Free – Reduced

If you are the parent of a student who participates in free or reduced priced meals, or think you may be eligible, please contact your school business office to find out how to apply. **You MUST reapply at the beginning of every school year, as the prior year’s application is only valid for the first 30 days of school.** If your circumstances change, you may apply any time during the school year. Contact your child’s school administrative office for details.

Payment for Meals

You may send a check to pay your child’s lunch and a la carte purchases. Your child’s account balance is completely maintained in Skyward, including cash on account and purchasing history.

Payments can be made by dropping off a check at your child’s school or by mailing a check to our office. Please make all lunch account checks payable to Cedarburg School District. If you are sending a check, please indicate in the memo line your student’s full name.

You may deposit money on your child’s account using a credit or debit through RevTreck.