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Boy's Hockey

Program Goals, Philosophies, and Procedures

Head Coach:	David Muth	Email:	Dmuth@cedarburg.k12.wi.us
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PROGRAM PHILOSOPHIES	PROGRAM VISION	PROGRAM GOALS
<p>CHS Hockey will create an environment that encourages all players to learn and grow as individuals on and off the ice. We will mold a group of individuals to communicate, be responsible, and hold themselves accountable. We will help create an experience that is something they want to be a part of long after they are done playing for the Cedarburg Bulldogs hockey program.</p> <p>We expect our players to be committed to our program and all that comes with being a Bulldog hockey player. While we want our players to be passionate about playing hockey, we also want well-rounded athletes who play other sports at Cedarburg High School.</p> <p>Cedarburg High School Athletic Department is committed to the development of its athletes by building character while teaching lifelong lessons through interscholastic competition.</p> <p>Participating in extracurricular activities is a privilege. The student body, community, and other communities judge our school by your conduct and attitude, both on and off the ice. Students will have a team-first mindset through a shared vision, purpose, and values.</p>	<p>We will create a strong culture in our locker room, classroom, and community. Our program standards will ensure that all players see and feel the benefit of playing high school hockey in Cedarburg.</p> <p>Cedarburg hockey and the Ozaukee Youth Hockey Association will continue to strengthen our bonds to help connect both programs.</p> <p>We want to develop players' skill sets but also to improve their hockey IQ. We look to develop a long-term passion for the game of hockey which includes understanding the game and how it is played.</p> <p>We strive to develop a mental approach with our students that drives learning and skill-building through hard work, effort, dedication, and feedback.</p>	<ol style="list-style-type: none"> 1. Improve our skills and hockey IQ throughout the season. 2. Get more athletic and gain strength through off-ice training. 3. Compete with all teams on our schedule. <p>Individual Goals:</p> <ul style="list-style-type: none"> ● <i>Growth as a young adult</i>- be responsible, improve the culture of our program, make lasting friendships, learn life lessons, embrace the program's absolutes, handle success and failure, be a model student-athlete, and be a strong member of our respected communities. <ul style="list-style-type: none"> ○ Become the best possible version of yourself that you can be. (Offseason / In Season) ● <i>Appreciation for this great game</i>- Learn the little things, and appreciate the difficulty of the game. <ul style="list-style-type: none"> ○ This game is ours to borrow and pass on... maybe you play in college, maybe you coach) ● <i>Leaving your footprint</i>- What can you do to make a lasting effect on the Bulldog Hockey Program?



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TEAM PHILOSOPHIES

VARSITY	JV
<p>The Varsity team is intended to be competitive. Coaches of varsity teams will select players who can compete/contribute at the varsity level. Not all players will have the same opportunity to play in every competitive event. When considering underclass students for the varsity level, player readiness and development should be considered along with the potential for team success.</p> <ul style="list-style-type: none"> The varsity team will consist of approximately 17 skaters and 1 goalie. 	<p>The JV team will place a greater emphasis on ensuring adequate playing time for all student-athletes. Winning is still a goal, but developing the skills and knowledge student-athletes will need to be successful at the varsity level is also a goal. Playing time/participation may not be equal among players for each event, but most student-athletes should participate in most of the competitive events. At the JV level, promoting skills and positive attitudes is critically important.</p> <ul style="list-style-type: none"> The JV team will consist of approximately 18 skaters and 1` goalie.

TEAM SELECTION

The four criteria below are the main areas upon which decisions are made when selecting team members.

<i>Skills & Talent</i>	<i>Attitude & Work Ethic</i>	<i>Potential</i>	<i>Team & Program Needs</i>
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PLAYER RESPONSIBILITIES	PARENT RESPONSIBILITIES	COACH RESPONSIBILITIES
<p>PLAYER EXPECTATIONS: 3a. Remember the "Student" in Student-Athlete: <i>Take pride in our effort at the rink and outside of it.</i></p> <ul style="list-style-type: none"> Always attend school and be on time for classes. Participate in class, respect your teachers, take pride in your schoolwork, and study. Communicate with your teachers (need help? going to miss a class? etc...). Be a model student for others in our school and community to see. Be involved. Play other sports. Join other activities/clubs. Make the most out of your HS experience. <p>3b. Locker Room:</p> <ul style="list-style-type: none"> It will be respected and kept clean. Everyone needs to pitch in on the cleaning schedule. It will be a place where all players are accepted and treated well. Music: Appropriate (clean) music will be played at all times. During away games, nothing will be left in the locker room, including any garbage we have. Varsity & Goalies: Stall usage is a privilege, not a right. If you do not care for your space and keep your 	<ul style="list-style-type: none"> Commitment to the CHS Activities Code and all team regulations. Positive support for student-athletes and coaches at all times. Good sportsmanship is exhibited toward officials, players, and coaches at all times. Notify any schedule conflicts (such as vacations) that may occur well in advance. For sports where rosters are limited, conflicts should be shared before tryouts. The highest expectations that promote student-athletes are being responsible, independent, mature problem-solvers with tremendous work ethics and a sense of team over individual performance. <p>Game Day Jobs that we ask of our parents could include:</p> <ul style="list-style-type: none"> Ticket Takers Announcer Clock/Gamesheet Workers Penalty Box <p>Senior Parents:</p> <ul style="list-style-type: none"> Senior Night Festivities Senior Banners <p>Issues that are not to be addressed with Coaches</p> <ul style="list-style-type: none"> Playing time Coaching strategy/philosophy Other team members, Other parents, 	<ul style="list-style-type: none"> Coaches will role model good sportsmanship, appropriate language, professional appearance, and respectful behavior at all times. Coaches will provide timely and accurate information regarding team requirements, fees, special equipment, off-season opportunities, and the location and time of all practices and contests. This includes expectations and consequences for excused/unexcused absences for practice and games/competitions. Structured, well-planned practices that promote the attainment of fundamental skills, while emphasizing teamwork and strategies geared toward successful results at competitive events.



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area clean, you will be asked to bag your equipment.

- JV Players: You will have access to the locker room as this is your space too. You will be asked to bag and store your equipment in the storage area. You will use the locker room when the varsity is not occupying the area.
- Phones will be stored away in the organizer as you enter the locker room.

3c. Game Day: *We are never as good as people will tell us we are and we are never as bad as we think we are.*

- Arrive early and make sure all equipment arrives with you. This is YOUR responsibility as a player.
 - Players should be at the rink for 1 hour, and 15 minutes before home games.
 - Players should arrive at the rink 15 minutes before the bus leaves for away games.
- Have a clean uniform and wear it properly. Keep them off the floor of the locker room. Hang them up!
- NO parents/students in or at the locker room/bench area before, during, and after the games.
- Players will not be allowed to leave our locker room area during games unless given permission.

- *Other members of the CHS coaching staff.*

Procedure for Addressing Concerns with a Coach

Step 1: The student-athlete seeks out a coach to discuss the issue (*parents should absolutely speak with the student-athlete to help him/her reflect on all aspects and perspectives of the issue, with a particular emphasis on steps the student-athlete can take to appropriately self-advocate*).

Step 2: If the student-athlete and coach are not able to resolve the issue, the student-athlete and parent may request a meeting with the coach or coaching staff.

Step 3: If the meeting between the student-athlete, parent, and coach does not resolve the concern, a meeting can be requested with the coach and the Athletic Director.

Attempting to meet with a Coach immediately after a contest is strongly discouraged and Coaches have been instructed not to do so. Waiting at least a day is preferred.

- **24-Hour Rule:** If a parent/guardian has something they would like to talk to the coaches about after a game they must wait 24 hours to have a meeting with the coach.
 - We ask you to have a conversation with your player first. Often, this will lead to that player being able to converse with their coach about the situation. Teaching communication skills!



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PLAYER & COACH COMMUNICATION	COMMUNICATION EXPECTATIONS
<p>The coaching staff will use GroupMe and email to communicate with players in our program. We will use this app to communicate most of our team events, changes to the schedule, or other various items throughout the season.</p> <p>The head coach will also include players' school emails in the weekly emails that are sent home to parents so that they know the upcoming week's schedule and all of the team events that we do.</p>	<p>Athletes are expected to participate and engage in all team activities. Players will communicate with coaches in advance if they are going to be late, or miss practice, or games. Athletes are also expected to communicate directly with coaches in the event of an injury, playing time, or any other issues they are having in our program or at school.</p>

VARSITY LETTER CRITERIA	CAPTAIN CRITERIA
<p>In order to earn a varsity letter, a student-athlete must be in good standing with the team and meet the following requirements:</p> <ul style="list-style-type: none"> ● Regular Attendance at all practice sessions. ● Demonstration of the qualities of dedication to the team and proper sportsmanship. ● The player must suit up in at least half the number of games during the course of the season. ● Injured players will be a case-by-case decision made by the coaching staff. ● A senior in good standing who did not meet the game participation requirement may be awarded a letter at the Head Coach's recommendation, provided they have demonstrated a positive attitude, team loyalty, and sufficient ability. ● A student-athlete who is moved up to the varsity team during the season and made a significant contribution to the team may be awarded a letter at the recommendation of the Head Coach. 	<p>The coaching staff will select the team captains each season with input from the players on the team. We will look to have one captain and at least one alternate captain at the varsity level.</p> <ul style="list-style-type: none"> ● Some of the captain's roles and responsibilities: <ul style="list-style-type: none"> ○ Communicating team issues with the coaching staff. ○ Communicating with referees during our games. ○ Make sure all players in our program have someone they can communicate with. ○ Holding players accountable for off-ice workouts and activities.

MISSED GAME & PRACTICE POLICY



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Practice- We do track attendance at our practices.

It is an expectation that our players are at practices (on & off-ice) unless the following occurs:

- School-Related: Education-related reasons.
- Illness: If you miss school due to being sick, you cannot practice. (Need to be present for at least 2 blocks of school)
- Injury: All injuries go through your school's trainer. Trainers, parents, coaches, and players can decide on practice participation.
- Other: Arrangements can be made with a coach but these are situation-based.
- Unexcused Absences:
 - Coaches cannot commit to playing time in games if you cannot commit to practice times.

Games- Attendance at all games is mandatory. If a player misses a game due to an unexcused absence, playing time at the next game is not guaranteed. If a player continues to miss games, missing full games will be looked at.

- The coaching staff will consider the following as “unexcused” reasons for missing a game.
 - 1) Work
 - 2) Vacations
 - 3) Failure to attend a game and adequately notify the coaching staff of a reason for the absence.
- *We will always make every effort to work with a player who is a multiple-sport athlete and has special situations, but there is no guarantee for playing time when a player misses due to an out-of-season sport.*

Note: The coaching staff will 100% support a parent's decision to withhold their son from practice and/or a game for disciplinary reasons, be it academic or otherwise.

STRENGTH & CONDITIONING EXPECTATIONS

- All program players will work out at least twice a week throughout the season in the CHS weight room.
- The coaching staff will provide off-season goals to the players based on where they test out at the end of our season.
- Weight room times and workouts will be provided to these players to help them reach their goals.