

STANDARD	NEEDS STRENGTHENING	DEVELOPING	SECURE	EXEMPLARY
<p>Demonstrates competency in motor skills and movement patterns.</p>	<p>Beginning to travel in the correct direction or change directions in response to a signal.</p>	<p>Inconsistently or partially travels forward, backward and sideways, and hesitates to change directions in response to a signal.</p>	<p>Consistently travels forward, backward and sideways, and changes directions quickly in a response to a signal.</p>	<p>N/A</p>
	<p>N/A</p>	<p>Beginning to demonstrate some contrasts in speed while traveling.</p>	<p>Demonstrates clear contrasts between slow and fast speeds while traveling.</p>	<p>N/A</p>
	<p>Beginning to demonstrate some contrasts between the three pathways.</p>	<p>Inconsistently demonstrates clear contrasts between the three pathways.</p>	<p>Consistently demonstrates clear contrasts of straight, curved and zigzag pathways.</p>	<p>N/A</p>
	<p>Beginning to demonstrate a mature walking form.</p>	<p>Inconsistently demonstrates the five skill cues when performing a walking gait.</p>	<p>Consistently demonstrates the five skill cues when performing a walking gait.</p>	<p>N/A</p>
	<p>Beginning to perform the 6 stationary movements (shakes, twist, turn, bend, stretch, and straighten).</p>	<p>Inconsistently performs the 6 stationary movements (shakes, twist, turn, bend, stretch, and straighten).</p>	<p>Consistently performs the 6 stationary movements (shakes, twist, turn, bend, stretch, and straighten).</p>	<p>N/A</p>
	<p>Beginning to use a variety of body parts or objects in creating symmetrical or asymmetrical shapes.</p>	<p>Inconsistently uses a variety of body parts or objects in creating symmetrical or asymmetrical shapes.</p>	<p>Consistently uses a variety of body parts or objects in creating symmetrical and asymmetrical shapes.</p>	<p>N/A</p>
	<p>Beginning to demonstrate kicking a stationary ball, using a step-kick approach.</p>	<p>Inconsistently demonstrates kicking a stationary ball, using a step-kick approach.</p>	<p>Consistently demonstrates kicking a stationary ball, using a step-kick approach.</p>	<p>Demonstrates mature form kicking a stationary ball, using a step kick approach in multiple skill situations.</p>

<p>Applies skill concepts, strategies, and tactics to improve physical performance.</p>	<p>Beginning to show some body control while traveling in space.</p>	<p>Inconsistently shows some body control while traveling in space.</p>	<p>Consistently travels in a large group without bumping into others or falling.</p>	<p>Aware of self and others while traveling in space during class games and activities.</p>
	<p>Beginning to demonstrate some difference between the three levels.</p>	<p>Inconsistently places a variety of body parts or objects in the three levels (low, middle or high).</p>	<p>Consistently places a variety of body parts or objects in two levels (low, middle and high).</p>	<p>Consistently places a variety of body parts or objects in three levels (low, middle and high).</p>
	<p>Beginning to identify the selected body parts.</p>	<p>Inconsistently identifies the selected body parts.</p>	<p>Consistently identifies the selected body parts.</p>	<p>Consistently identifies the selected body parts and applies knowledge to classroom activities.</p>
<p>Exhibits responsible personal and social behavior that respects self and others.</p>	<p>Beginning to demonstrate some aspects of game play sportsmanship, but has difficulty understanding the difference between participation and competition.</p>	<p>Inconsistently demonstrates aspects of game play sportsmanship, and needs reminders that games are played to advance skills and have fun.</p>	<p>Consistently demonstrates good game play sportsmanship, and enjoys participating in games regardless of game outcome.</p>	<p>Demonstrates and models excellent sportsmanship during game play.</p>
	<p>Beginning to follow some rules of fair-play in games and activities.</p>	<p>Inconsistently follows the rules of fair-play in games and activities.</p>	<p>Consistently follows the rules of fair-play in each game and activity.</p>	<p>Demonstrates and models how to follow the rules of fair-play in games and activities.</p>
	<p>Beginning to demonstrate some aspects of end game sportsmanship, but has a hard time accepting game outcomes.</p>	<p>Inconsistently demonstrates aspects of end game sportsmanship, and needs reminders to handle game outcomes appropriately.</p>	<p>Consistently demonstrates good end game sportsmanship, and enjoys participating in games regardless of game outcome.</p>	<p>Demonstrates and models appropriate reaction to end game outcomes.</p>

	Beginning to stay on task.	Inconsistently stays on task.	Consistently works independently and productively on specific skills as assigned.	Consistently works independently and challenges self to strive for personal best.
	Beginning to display some aspects of listening and following directions.	Inconsistently displays aspects of listening and following directions.	Consistently follows directions given for all class activities in a timely manner.	Demonstrates and models good listening skills and following directions.
	Beginning to share or take turns.	Inconsistently shares and take turns.	Consistently shows cooperation by sharing and taking turns.	Demonstrates and models cooperation by sharing and taking turns.
Values physical activity for health, enjoyment, challenge, self-expression and/or social interaction.	N/A	Inconsistently shares verbal or nonverbal indicators of enjoyment of class activities.	Consistently shares verbal and nonverbal indicators of enjoyment of class activities.	N/A